

Switching to Kaiser Permanente



We help make it simple, fast, and smooth

When getting started with Kaiser Permanente, it's easy to choose a doctor, find a location, transfer your information, and more.



Choose a great doctor

Find the doctor who's right for you. Browse our doctor profiles at kp.org/finddoctors to see education, specialties, photos, and more. You can also narrow your search by gender, languages spoken, and location. And if you change your mind, you can switch doctors at any time, for any reason.



Find a convenient location

You can search by ZIP code or keyword at kp.org/locations or use our free Kaiser Permanente app to find a facility near your home or work.



Transfer your records

If you have copies of your medical records, you can bring them to your first visit. If you don't have copies of your records, no problem. Your doctor will let you know if you need to request any past medical information from your previous health care provider.



Transfer your prescriptions

Transferring your prescriptions is a one-step process: Just call the Kaiser Permanente pharmacy most convenient for you, and give us the prescription numbers and your old pharmacy's name and phone number. We'll handle the rest.

See how you can get started in four steps. Visit kp.org/newmember.